

# M MOMS OF BLACK BOYS

A Therapeutic Support Group for Moms

Raising a Black Boy in the U.S. is a wonderful but often terrifying experience. Join us as we provide a place to discuss challenges, concerns, fears, and strategies that can help you feel more confident about the journey. This is the place to ask the hard questions and state the hard truths— openly, without judgment, and in a supportive and understanding environment. Moms with boys of ALL AGES welcome.

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We'll be addressing issues such as:

How will having multicultural friends impact my son's sense of self and his understanding of racism?

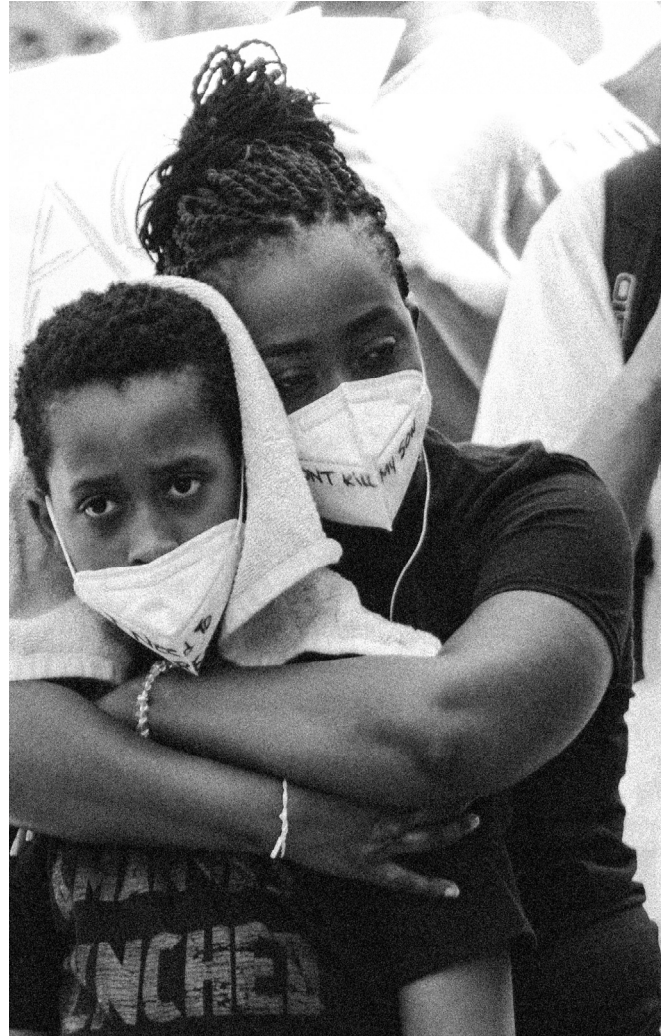
How can I help him to respond appropriately when he experiences racism around non-Black friends?

How can I encourage meaningful conversations about race?

How can I protect/ prepare him for things like police brutality, racial profiling, systemic racism, and microaggressions?

How can I find positive male influences of ALL races?

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Group begins in September and meets virtually.

Day and time TBD based on what works for the group.

Registration required. For more information or to register, email or text:

Chana Johnson, LGPC, NCC at [counselormft@gmail.com](mailto:counselormft@gmail.com)/ 443-529-8108

Cost- \$30 per session; Carefirst/ BCBS Accepted

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